FREE GUIDE

FUTURE-PROOF

25 jobs AI will struggle to replace, and the 10 skills that keep you safe.

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BEFORE YOU START

No job is 100% safe forever.

But some jobs need things machines are still bad at:

01 **HANDS**
Working with your hands in messy, unpredictable places

02 **HEART**
Earning people's trust and caring for them

03 **JUDGMENT**
Taking responsibility when there's no clear answer

04 **TASTE**
Deciding what's actually worth making

Use this guide to see where you stand, and what to learn next.

HANDS

Jobs that need your HANDS

Robots struggle with messy, unpredictable physical spaces. Scientists call this Moravec's paradox: what's easy for us is hard for machines.

01 **Electrician**
Every building is different, wiring is hidden, and mistakes are dangerous.

02 **Plumber**
Tight spaces, old pipes, and no two problems look the same.

03 **Mechanic**
Diagnosing by sound, feel and experience.

04 **HVAC technician**
Installing and repairing in real homes and offices.

05 **Carpenter / builder**
Custom work on real, imperfect sites.

06 **Chef**
Taste, timing, and adapting on the fly.

07 **Physiotherapist**
Hands-on treatment that adjusts to each body.

HEART

Jobs that need your HEART

When it really matters, people want a human.

08 **Nurse**
Care, comfort, and noticing what a chart misses.

09 **Therapist / counselor**
Trust is the whole job.

10 **Social worker**
Complex family and life situations.

11 **Early childhood teacher**
Kids learn through human connection.

12 **Elderly caregiver**
Dignity, patience and presence.

13 **Midwife**
One of the most human moments there is.

14 **Coach / mentor**
Motivation comes from relationships.

JUDGMENT

Jobs that need your JUDGMENT

Someone has to be responsible when things go wrong.

15 **Surgeon**
AI assists, but a human holds the knife and the responsibility.

16 **Judge**
Society wants humans deciding human fate.

17 **Emergency responder**
Firefighters and paramedics act in chaos.

18 **Pilot**
Autopilot exists, but people still want a human in the cockpit.

19 **Business leader / manager**
Leading people and making calls with incomplete information.

20 **Negotiator / dealmaker**
Reading the room and building trust.

TASTE

Jobs that need your TASTE & IDEAS

AI can make content. Humans decide what's worth making.

21 **Creative director**
Choosing what's good, not just producing more.

22 **Entrepreneur**
Spotting problems and taking real risks.

23 **Creator with a real voice**
People follow people.

24 **Researcher / scientist**
Asking new questions, not only answering old ones.

25 **AI trainer / specialist**
Someone has to build, guide and check the machines.

YOUR TOOLKIT

10 skills to start building today

01 **Communication**
Explain things clearly, in writing and out loud.

02 **Empathy**
Understand what people feel and need.

03 **Problem-solving**
Handle situations with no instructions.

04 **Critical thinking**
Question answers, including AI's.

05 **A hands-on skill**
A trade, cooking, repair, anything physical.

06 **Leadership**
Take responsibility and guide others.

07 **Creativity & taste**
Know what's good and why.

08 **Adaptability**
Learn new tools fast.

09 **Using AI well**
People who use AI will replace people who don't.

10 **Trust & reputation**
Be someone people want to work with.

START THIS WEEK

Your 30-day plan

01 **Pick ONE skill**
Choose one from the list. Just one.

02 **20 minutes a day**
Practice it every day for 30 days.

03 **Use AI as your assistant**
Let it speed you up, not replace you.

The safest people won't be the ones who know the most.

They'll be the ones who can do what machines can't, and use machines for everything else.

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